

QLS Level 5 Diploma In Counselling Adult Trauma

Venue: RASA Offices, Unit 2-3 Stella Nova, Washington Parade, Bootle, Merseyside, L20 4TZ

**RASA
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Who is this course for? Qualified counsellors wishing to expand and deepen their knowledge of working with trauma and sexual abuse.

What is covered on this course?

- Students will learn the theory of psychological trauma, including looking at physiological, biological, psychological, and sociological responses to trauma.
- Students will learn about the different diagnoses of trauma, with a focus on complex trauma and sexual abuse
- Students will learn about the theory of attachment and how these different attachment styles can influence a therapist's approach to working with psychological trauma
- Students will learn a staged approach to working with trauma through exploring and critiquing trauma focused models.

Course Curriculum:

Module 1: Trauma Theory

Module 2: Complex Trauma and Attachment with specific reference to sexual abuse

Module 3: Safe Trauma Therapy: assessment, managing risk, and trauma focused models

Module 4: Working with Trauma: A Staged Approach

Module 5: Self Care, Vicarious Trauma, and Burnout

Method of assessment:

In order to successfully complete this course that is endorsed by ABC Awards and Certa Awards under their Quality Licence Scheme all students are required to complete a 3,500 word case study.

Requirements:

To complete the course, students must be qualified counsellors and a registered member of the British Association for Counselling and Psychotherapy, or another relevant body.

Our training is offered on the following dates 10am—4pm during 2020:

18th/19th April

9th/10th May

20th/21st June

18th/19th July

Autumn Dates:

19th and 20th Sept

17th and 18th Oct

14th and 15th Nov

5th and 6th Dec

Easy payment schedule

Course fee £800.00

£200 Deposit and a payment plan can be agreed for the remainder of the fee.

A registration fee is payable to ABC and Certa Awards of £10

To discuss in more detail and to take advantage of this opportunity please contact Lois Arch, Head of Curriculum for RASA (Rape and Sexual Abuse Centre) education@rasamerseyside.org

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